

Sunday 1st December - Lake Esmond Triathlon

Name	Swim + T1	Bike + T2	Run	Total time
Darcy Williams	11.14.47	24.35.22	12.05.72	47.55.41
Grant Gilbert	12.53.18	23.06.59	12.69.77	48.59.54
Nathan Gannon	15.44.37	24.80.75	12.89.18	53.14.30
Louise Wood	12.16.35	27.99.81	13.25.78	53.42.04
Andrew Wood	14.59.10	27.50.09	15.01.49	57.10.68
Rod Kilburn	14.34.93	30.89.56	15.29.54	1.00.54.03
Darren Hansen	16.22.09	29.18.93	15.74.01	1.01.18.80
Phil Cochrane	16.39.95	30.93.14	20.07.09	1.07.30.18
Luke Quinn	16.15.70	35.96.53	17.30.15	1.09.43.38